



Health & Human Development Holiday Homework Year 12, 2021



Teacher(s)/Subject Coordinator:	Maeve Thompson: maeve.thompson@sssc.vic.edu.au
Work required in preparation for start of 2021:	Complete attached questions. These are due in Term 1, Week 1 of 2021.
Textbooks and other resources:	Prescribed textbook – Jacaranda Key Concepts in Health & Human Development 3 & 4 (6 edn.)
Key Links:	VCAA Health and Human Development page The HHD Study Design, past exam papers and assessment information are all located here. Useful websites: <ul style="list-style-type: none">• Our World In Data• Australian Institute of Health and Welfare (AIHW)• United Nations

Course Overview

Unit 3: Australia's Health in a Globalised World

AOS 1 – Understanding health and wellbeing SAC/s – 50%	AOS 2 – Promoting health and wellbeing SAC/s – 50%
<ul style="list-style-type: none"> ● Concepts of health and wellbeing ● Benefits and importance of optimal health ● Prerequisites for health as determined by the WHO ● Health indicators ● Health status of Australians ● Burden of disease 	<ul style="list-style-type: none"> ● Improvements in Australia's health since 1900 and reasons for this improvement ● Australia's health system ● Role of health promotion ● Initiatives introduced to improve Indigenous health ● Initiatives to promote healthy eating

**School-assessed Coursework for Unit 3 will contribute 25% to the study score*

Unit 4: Health and Human Development in a Global Context

AOS 1 – Health and wellbeing in a global context SAC/s – 50%	AOS 2 – Health and the Sustainable Development Goals SAC/s – 50%
<ul style="list-style-type: none"> ● Characteristics of different countries ● similarities and differences in health status ● concept and dimensions of sustainability ● concept of human development ● global trends 	<ul style="list-style-type: none"> ● The UN's SDGs ● Key features of SDG 3 ● Priorities and work of the WHO ● Types of Aid and effective aid programs ● The role of NGOs ● Social action that promotes health

**School-assessed Coursework for Unit 4 will contribute 25% to the study score*

What are Units 3 & 4 HHD all about?

As part of HHD in Units 3 & 4, you will study a range of concepts and ideas about the health and development of individuals in Australia and across the world.

In Unit 3, you will study the health of Australia - including differences between population groups in Australia, major diseases, nutrition and the Australian healthcare system.

In Unit 4, you will study health on a global scale - including the differences in health between high-, middle- and low-income countries, organisations that aid development and specific development programs.

To be judged Satisfactory for this subject you will need to:

- Attend classes regularly
- Pass all SACs
- Complete required coursework for **all outcomes**
- Engage and participate in class
- View and respond to a range of videos and articles
- Complete activities and handouts

Holiday Homework Questions

- 1. Classify each of the following examples as a physical, social, emotional, mental or spiritual dimension of health and wellbeing.**
 - a. A sense of belonging to a community group
 - b. Having an asthma attack
 - c. Positive thought patterns
 - d. Recognising the difference between embarrassment and anxiety
 - e. Experiencing productive relationships with school mates
 - f. Having adequate levels of energy
 - g. Experiencing positive self-esteem
 - h. Having effective communication with others
 - i. Experiencing sadness at appropriate times
 - j. Establishing and acting according to values and beliefs

- 2. Draw a mindmap, flow chart or visual representation of the range of factors that influence your OWN level of health and wellbeing. Remember that health and wellbeing is not just physical.**



